

When you decide what to pack for the Camino, you need to first see whether you are going to carry your rucksack, or whether you prefer to walk with a smaller one and that **we send you your rucksack or suitcase** from section to section and from hostel to hostel. This will make a difference regarding what you pack. Here you have a list with some basics:

List of things you should pack for the Camino:

- A light, water-proof **jacket**, for rainy days.
- A regular or polar **sweatshirt**.
- **Leggings/** Trekking trousers.
- Two or three **T-shirts**, short and long-sleeved.
- **Several sets** of underwear including socks, better if they are seamless.
- **Flip-flops**.
- **Shoes** (you must have used them before, do not wear new shoes!). Most pilgrims prefer trekking boots as they are tight on the ankle and keep your feet dry. Nowadays people tend to go for trekking shoes as they are lighter and more flexible.
- A **hat**, cap or visor.
- **Sunglasses**.

Other:

- **Documents:** ID/Passport, Health Card, Pilgrim's Passport (Credencial del Peregrino).
- **Toiletries:** toothpaste, soap, deodorant, etc.
- **A light towel.** Some hostels or hotels will provide towels, but in some you may need your own.
- **Sunscreen.**
- **First aid kit:** especially plasters, Vaseline to prevent blisters, and Ibuprofen.
- If you are going to sleep in hostels, even if some have bed linen for hire, do take your **sleeping bag**.
- Cycling or regular **water bottles** so that you always have water with you.
- **Trekking poles** or hiking staffs to give you stability during the Camino.
- A **torch**, especially if you are planning to leave very early in the morning.
- **Pegs**, in case you wash clothes. They also come in handy for all sorts of unexpected repairs.
- **Mobile phone and charger.**
- **Camera.**
- A **book**, some music?
- **Ear plugs.** You will be happy to have them if you share a room in hostels with other people.

Another option when planning your Camino is to **send a parcel or suitcase** with more clothes or things to any of our offices and you can collect it upon arrival. This will allow you to continue your holidays once you have finished the Camino and have everything you need.

On El Camino just focus on enjoying the experience and leave Correos to carry your backpack.

With **PAQ MOCHILA** we can transport it to next stage **from €4 up**.

